

Advising Leaders

Leaders don't just need coaches; they need resilience advisors. When you work with me, you will discover your real source of energy, deepen your knowledge, and expand your curiosity until it is insatiable – the marks of a resilient leader.

Offering Inspiration

Whether your team is 5 or 5,000 strong, I give those who attend access to essential, action-oriented concepts that show them how to unlock their resilience and address the complex challenges of today. Frequent speaking topics include Bringing Resilience into Your Leadership, Using Story in Organizations, Work/Life Integration, Developing Staff the Creative Way, Diversity – listening to all the voices, Three Sisters: Resilience, Creativity, and Innovation.

Instructing All Levels

My workshops and programs use only the most creative designs. They embed narrative practices and innovative learning and discovery practices that lead to powerful conversations and deep learning. Participants rediscover their true foundations and energy source, take on new practices that deepen their knowledge, and come face to face with the power of curiosity to find new solutions.

Deepen Your Understanding

Available tools to build your resilient capacity include: Signing up for my electronic postcard called *resilience brilliance*, reading my blog called **Resilient Leader** on *Psychology Today*, following me on social media where I post carefully curated articles to keep my followers up on the latest insights for your resilient leadership.



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unlock your resilient leader



About Madelyn

My name is Dr. Madelyn Blair, and I am a resilience advisor to aspiring leaders and executives and a speaker who specializes in resilient leadership.

As part of my resilience practice, I write. I am an author of several books including *Riding the Current*, *Essays in Two Voices* and a contributor to many others such as *Smarter Innovation: Interactive Processes Spark Better Results*. I write a blog, entitled Resilient Leadership, for Psychology Today. I find writing a reinforcement of my personal development.

In 1988 I founded Pelerei, a boutique consulting firm to help business learn how to experience growth, incite innovation, manage businesses, harness organizational knowledge, and build resilience. Over the years, I've been privileged to work with wonderful people and organizations, including NASA, Merck, the World Bank, Marriott, Brookings Institute, the Cincinnati Regional Chamber (of Commerce), NIH and PwC. Whether you are an executive or aspiring to leadership, my goal is to help you, wherever you are in your career, develop the resilient leader in you.

What is a Resilient Leader?

I define a resilient leader as having a purposeful practice of competencies that bring themselves, their teams, and their organization through difficult times and continue to thrive while doing so. That doesn't mean that difficult times become easy, but it does mean that they become meaningful, productive, high-growth experiences.

This global economy requires our leaders to develop every ounce of resilience they can. Every leader can develop their resilience further. Building resilience requires practice. How to cultivate this resilience and bring it into your leadership style is the question of the hour.

I've done extensive research on resilience at every level. Of all the individuals I interviewed, only 10% showed high levels of resilience. Of those 10%, they were recognized leaders in their fields, clear innovators, others looked to them for guidance, and they found fulfillment and meaning in their careers. As I analyzed the findings, three characteristics leapt out: they understood their purpose, had deep knowledge, and were insatiably curious – a powerful combination.

Those characteristics can be developed by anyone.

When I developed them for myself, I grew my business, I developed capabilities that had been lying dormant in my life, and opened whole new business opportunities for my company. I had to share this with others, and Resilient Leadership was born.

The purpose of my work is to help you facilitate your development as a resilient leader.